



*Academy of Applied Sciences of National Economy in Kutno,  
Catholic University in Ružomberok,  
University of Lodz,  
YOUROPE Youth for Europe – Horizon Europe program,  
WSHIU ANS Poznań,  
Zakład Psychologii Sądowej i Penitencjarnej w Instytucie Psychologii  
Uniwersytetu Kardynała Stefana Wyszyńskiego w Warszawie*

*1st International Scientific Conference  
Around upbringing and education*

*May 28, 2026  
Academy of Applied Sciences of National Economy in Kutno,  
ul. Lelewela 7, 99-300 Kutno*

**Conference Scientific Council:**

Dr. hab. Sławomira Białobłocka, Academy of Applied Sciences of National Economy in Kutno

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Dr. hab. Mariusz Granosik, prof. University of Lodz

Dr. hab. Renata Szczepanik, prof. University of Lodz

Dr. Irena Gałka, Academy of Applied Sciences of National Economy in Kutno

PhDr. Lenka Štefáková, PhD., Catholic University in Ružomberok

Mgr Daniel Markovič, PhD., Catholic University in Ružomberok

Ing. Miroslav Špánik, PhD., General Milan Rastislav Štefánik Armed Forces Academy in Liptovský Mikuláš

PhD Yumna Ali, Hazara University, Mansehra, Pakistan, International Society for Coaching Psychology, Hitchin, England

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Dr Magdalena Górka, WSHIU Academy of Applied Sciences in Poznań

PhD, Olesander Priumak, National University of Construction Architecture, Kyiv Kyiv

Dr Paulina Kolisnichenko, WSHIU Academy of Applied Sciences in Poznań,

Dr Karol Łukowski, University of Lodz

**Organizing committee:**

Rev. Dr hab. Waldemar Woźniak, prof. UKSW (Zakład Psychologii Sądowej i Penitencjarnej w Instytucie Psychologii Uniwersytetu Kardynała Stefana Wyszyńskiego w Warszawie).

Ph.D. Mariusz Granosik, prof. UŁ

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Dr Irena Gałka, ANSGK in Kutno.

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Dr Paulina Kolisnichenko, WSHIU ANS in Poznań,

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Joanna Burchart-Majkowska, M.A.

Olusegun Ige, M.A., International Association for Health Promotion,

Jakub Andrzejak, International Association for the Promotion of Health

## CONFERENCE SCHEDULE

*May 28, 2026*

*Academy of Applied Sciences of National Economy in Kutno,  
ul. Lelewela 7, 99-300 Kutno*

### **9:00 AM – 9:30 AM. CONFERENCE OPENING CEREMONY**

Moderators: **Jakub Andrzejak**, International Association for the Promotion of Health;  
**Iga Kaźmierczak**, Student Research Group of Psychology and Pedagogy, ANSGK in Kutno

Dr hab. **Sławomira Białobłocka**,

Rector of the Academy of Applied Sciences of National Economy in Kutno,

Dr **Irena Gałka**,

Vice-Rector for Development, Academy of Applied Sciences of National  
Economy in Kutno

Mgr. **Daniel Markovič**, PhD.

Head of the Department of Social Work, Faculty of Education,  
Catholic University in Ružomberok

Dr **Magdalena Górska**, Founder of WSHIU ANS Poznań.

### **9:30 AM – 11:30 AM. Session One: Psychological Perspectives on Education**

Moderators: **Jakub Andrzejak**, International Association for the Promotion of Health..

1. **Lucia Faltinová**, MA and Ing. **Miroslav Špánik**, PhD. General Milan Rastislav Štefánik Armed Forces Academy in Liptovský Mikuláš. *The Potential of Psychological First Aid for Employees.*
2. Mgr. **Daniel Markovič**, PhD and PhDr. **Lenka Štefáková**, PhD. Catholic University in Ružomberok, Slovakia. *Social Work Interventions in the Online Environment with the Involvement of Artificial Intelligence.*
3. Rev. Dr hab. **Waldemar Woźniak**, Prof. Cardinal Stefan Wyszyński University in Warsaw, **Leszek Olesiński**, M.A. & **Jacek Kaczmarczyk**, Academy of Applied Sciences of National Economy in Kutno. *Psychosocial Elements of Upbringing and Education in the Process of Social Rehabilitation of Correctional Facility Inmates.*
4. Rev. Dr. Hab. **Mirosław Andrzej Michalski**, prof. Christian Theological Academy in Warsaw. *Shaping personality and character in the psychological thought of Witold Rubczyński.*
5. Dr **Dariusz Sarzała**, University of Warmia and Mazury in Olsztyn. *The Process of Penitentiary Resocialization Through the Education of Inmates.*
6. Rev. Mgr. **Wiktor Ignaczak**, *Religiosity as a protective factor in the prevention of suicidal behavior among youth.* Academy of Applied Sciences of National Economy in Kutno.

7. Dr. med. **Luise "Loopi" Weinrich**, Founder of Athlete Transition Lab, *Hamstring injuries in dancers*, Dresden, Germany. **Felix Rossi Roßberg, Ellen Demnitz Schmidt**, M.A., House of Urban Culture, Dresden, Germany. *Educational aspects of break-dancing*.

8. Dr **Paweł Jaros**, District Court Judge in Włocławek. *Some Aspects of Specifically Considering Children's Rights in Law and the Activity of State Bodies in Poland*.

### **11:30 AM- 12:00 PM. Refreshments Break**

**12:00 PM – 2:00 PM. Session Two: Social Aspects of Education** moderated by Mariusz Granosik, University of Lodz

1. Dr **Stuart Whomsley**, LPFT NHS Trust, Lincolnshire, UK. Education of Children and Young People and their Material Goods, both in the natural and virtual world.

2. dr **Eveliina Asikainen**, University of Tampere, Finland, Finland, *Yourope project group, Horizont Europa Tampere University*.

3. Dr hab. **Nataliya Mukan**, Processor, Department of Pedagogy and Innovative Education Lviv Polytechnic National University, *Pedagogical Strategies for Supporting Children Affected by War: From Adaptation to Social Integration*.

4. PhD **Yumna Ali**, International Society for Coaching Psychology, Hazara University, Mansehra, Pakistan. *Effects of Engagement in Athletic Training and Athlete Mindfulness on Para-Athletes' Anxiety in Pentathlon Paraspports Education*.

5. **Viktoria Sutkova**, *Child Psychologist: Why children grow through others*. WSHIU ANS Poznań.

6. dr hab. **Liudmyla Shymanovska-Dianyeh**, Professor in Poltava University of Economics and Trade, Ukraine. *The Formation of AI Talents in Contemporary Education: Socio-Psychological Challenges and a New Paradigm of Learning*.

7. dr **Nigar Shahhuseynbayova**, Department of Organization of Social Work, Azerbaijan University, Baku, Azerbaijan, dr **Aynur Bunyatova**, Azerbaijan Sports Academy, Baku, Azerbaijan, dr **Mushviq Mustafayev**, Baku State University, Baku, Azerbaijan, dr **Yasuhiro Kotera**, Faculty of Medicine and Health Sciences, University of Nottingham, Nottingham, United Kingdom. *Validation of the Azerbaijani Attitudes Towards Mental Health Problems Scale (Atmhps-az) in University Students*.

### **2:00 PM – 2:10 PM. Refreshment Break**

**2:20 PM – 3:50 PM. Session Three: Yourope, Horizon Europa**

1. **Mariusz Granosik**, University of Lodz, Poland. *Yourope: Youth for Europe. Research-based education for democracy*.

2. . dr **Berna Yüner**, Yozgat Bozok University, in Turkey. *The Yourope Group Project Group Yozgat Bozok University*.

3. **Aleyna Dinç**, Yozgat Bozok University, in Turkey. *Experiences of Visually Impaired Individuals*.
4. **Aynur Başak & Fatma Nur Alçay**, Yozgat Bozok University, in Turkey. *Let's Create a Living Campus*.
5. **Ayjahan Menglyeva**, Yozgat Bozok University, in Turkey. *Societal Stereotypes and Perspectives on Gender*.
6. **Martyna Domagalska**, The Culture of the Place, Yourope Polska Group- coordination University of Lodz.

### **3:00 PM - 3:50 PM: Practical Panel on Upbringing and Education**

Moderated by: **Jakub Andrzejak**, International Association for the Promotion of Health.

Mgr **Ewa Krąkowska**, WSHIU ANS in Poznań,

Mgr **Elżbieta Jałowska**, Special Educational and Care Center No. 1 in Kutno,

Mgr **Marta Wietrzykowska**, Polish Sport Paintball Association,

Mgr **Anna Mańczak**, Dean of the Socio-Economic Faculty, WSHIU ANS Poznań,

**Mateusz Dryjer**, *A laboratory of creativity, imaginations that teach*.

### **3.50 PM- 4.10 PM. SUMMARY AND CLOSING OF THE CONFERENCE**

**4:00 PM - 6:30 PM. Banquet at the restaurant**

## **Link to the 1st International Scientific Conference on Upbringing and Education**

**Join the Conference:**

<https://teams.microsoft.com/meet/338580918780020?p=Zp3KxdmskARmuc8r0Y>

Meeting ID: 338 580 918 780 020

Access code: ND6qh6ov